

Tour d'Tilth

Self-guided Bicycle Routes

on the King County Harvest Celebration Farm Tour

Prepared by Bill Thorness, www.bikingpugetsound.com

How to use this guide: Ahh, rural cycling: exercise, fresh air, country scenery. Knowing your cycling ability and choosing a route that is comfortable are the keys to a good ride. Use the Farm Tour guide and the directions for six tours on the pages that follow, and realize that you don't have to follow the entire route to all the farms.

- Beginning cyclists might enjoy a short spin on the Sammamish River Trail (Route # 1) and a visit to farms adjacent to it.
- Riders comfortable on roads or highways with traffic might try the Snoqualmie River valley (Route #2) or the south county farmland (Routes #3 and #4).
- To include a ferry ride and a bit more hill-climbing, try Vashon Island (Route #5).
- To check out an urban farming operation, visit Marra Farm (Route #6) in south Seattle.

When biking a farm tour, take along a detailed map of the area and money to buy farm goods, and make space on your bike to carry your purchases.

See you on the trails!

Safety information: Cyclists should always wear helmets, ride single file and observe all traffic laws and regulations. Hand signals should be used whenever turning or merging into traffic.

Disclaimer: These routes are intended as a general guide to commonly used roads and trails in the vicinity of the farms participating in the farm tour. Only persons comfortable riding in traffic should bicycle on streets or highways. There will be no traffic control or bicycle support on the farm tour. Carry a detailed map. Ride at your own risk.

Group Rides Offered

Ride leaders from the Cascade Bicycle Club are offering group rides as part of the club's [free daily rides program](#).

Tour d'Tilth rides led by CBC leaders:

[Enumclaw-area farms](#) (led by Bill Thorness)

[Carnation-area farms](#) (led by Bill Lemke)

[Marra Farm](#) (led by Bernice Tannenbaum)

You don't have to be a member of the club to ride with Cascade, but you must wear a helmet, sign a waiver, and be ready to ride at departure time.

If you've never ridden with Cascade before, read the [Information for Newcomers and Parents](#) page.

Route 1 – East King County – Sammamish River area

Farms visited: Barnplace, South 47, Farrell McWhirter, Hollywood Hills Vineyard

Distance: 25-35 miles

Difficulty: easy to moderate (Staying on trail and just going to South 47 is easy; riding the streets of Woodinville or Redmond, or climbing to Hollywood Hills Vineyard, adds difficulty.)

- Begin at [Wilmot Gateway Park](#) in Woodinville (or ride the Burke-Gilman Trail to that point).
- Ride east on NE 175th St., then turn right to ride south on 140th Pl NE to Barnplace **Caution:** traffic, left turn across traffic to farm.
- Retrace route to Wilmot Park, ride south on Sammamish River Trail.
- Turn east off trail at S. 124th St. to South 47 Farm.
- Return to trail, or continue north on busy Woodinville-Redmond Rd/SR 202 and follow Farm Guide directions to climb to Hollywood Hills Vineyard – **Caution:** traffic and climbing.
- Ride south to Marymoor Park.
- Exit Marymoor on 65th St., turn left onto E. Lake Sammamish Parkway, then cross the Redmond Fall-City Road/SR 202 and continue north on 180th Ave. NE and 128th Pl NE. **Caution:** traffic.
- Turn right onto Union Hill Road, then left onto 196th Ave. NE and left onto 95th St. **Caution:** left turn across traffic onto 196th.
- Turn right onto Avondale, then quickly right again on Novelty Hill, then left onto Redmond Road to Farrell McWhirter Farm **Caution:** traffic and climbing.
- Retrace route to Marymoor and Sammamish River Trail.

Route 2 – East King County – Snoqualmie River area

Farms visited: Jubilee, River Valley, Fall City, Remlinger, Dog Mountain, Ames Creek, Carnation Tree Farm

Distance: 25-30 miles

Difficulty: moderate, with traffic at highway crossings

- Begin/end at [Tolt MacDonald Park](#) in Carnation.
- Depart Carnation south to Jubilee Farm. Leave park via footbridge over the river and left onto short gravel trail to connect to N. Snoqualmie River Road at Tolt Hill Road.
- Continue south from Jubilee, turn left on SE 24th St. and follow it to the Redmond-Fall City Road, SR 202. Follow Farm Guide directions to River Valley Cheese. **Caution:** left turns across busy SR 202.
- Follow Farm Guide directions to Fall City Farm via SR 203 **Caution:** left turn across busy SR 203.
- Retrace route south to Fall City, then retrace route to Jubilee Farm and back to Carnation.
- At Tolt Hill Road, turn right and cross bridge, then continue straight across SR 203 to visit Remlinger Farm **Caution:** narrow bridge, busy crossing of SR 203.
- Return to SR 203 and turn right to ride north into Carnation. Follow Farm Guide directions to Dog Mountain Farm.
- Follow Farm Guide directions north out of Carnation to Ames Creek Farm **Caution:** left turn off busy SR 203.
- Retrace route south to Carnation, follow Farm Guide directions to Carnation Tree Farm.
- Return to park to end tour.

Route 3 – South King County – Enumclaw area

Farms visited: Country Farmers Market, Rockridge Orchards, Thundering Mountain, V2, Country Garden Bouquets

Distance: 20 miles

Difficulty: easy with a few rolling hills, traffic crossings

- Begin at [King County park-and-ride](#) on Griffin Ave. and Farrelly St. in Enumclaw.
- Ride east, turn left onto Porter St./SR 169, which takes you north out of Enumclaw to Country Farmer's Market. **Caution:** left turn across traffic.
- Retrace route to 416th St., turn right and ride 3.5 miles west. Turn right onto 212th Ave. SE, to Rockridge Orchards ahead on the left.
- Retrace route to 416th St., turn right and ride 1 miles west. Turn right onto 196th Ave. SE, to Thundering Mountain Farm ahead on the right.
- Ride south on 196th to the intersection with SR 164, the Auburn-Enumclaw Road. Turn left onto SR 164, and V2 farm is ahead on the right. **Caution:** highway traffic on SR 164.
- Depart V2 and continue east on SR 164 towards Enumclaw. Turn right onto 208th Ave. SE, which becomes SE 450th St., then 212th Ave. SE.
- Turn left onto SE 456th Way, then right on 220th Ave. SE, left on SE 464th St. and right on 228th Ave. SE to Country Garden Bouquets ahead on the left.
- Return to SE 464th St., turn right and ride east toward Enumclaw. Turn left onto SE 468th St., left onto 244th Ave. SE, right onto Griffin Ave. to return to park-and-ride and end tour.

Route 4 – South King County – Green Valley area

Farms visited: Trees & Bees, Little Farm at Windwater

Distance: 20-25 miles

Difficulty: strenuous, with hills, highway traffic

- Park at [Veterans Memorial Park](#) in Auburn.
- Ride south on E St. NE to Main St. then turn left onto Main, then right onto R St. SE to depart Auburn on Auburn Black-Diamond Road.
- After crossing under SR 18 and crossing the Green River, turn right onto Lake Holm Rd. and follow Farm Guide directions to Trees & Bees. **Caution:** narrow bridge, then major, extended climb on Lake Holm Road.
- Follow Farm Guide directions to Little Farm at Windwater.
- Depart Little Farm west on Green Valley Road to return to Auburn. [Optional: turn east from Little Farm and ride about 1 mile to visit Flaming Geyser State Park, and/or stop at Neely Mansion on left at intersection of Green Valley and Auburn-Black Diamond roads.
- Left onto Auburn-Black Diamond Road and cross under SR 18. Retrace route to park to end tour.

Route 5: Vashon Island

Farms visited: Blue Dog, Greenman, Sister Sage, Plum Forest

Distance: 20 miles

Difficulty: moderate to strenuous, with hills, traffic

- Park at [Fauntleroy Ferry](#), ride ferry to Vashon.
- Ride up Vashon Highway and follow Farm Guide directions to Blue Dog Farm **Caution:** significant climb from ferry; wait for car traffic to depart before riding.
- Follow Farm Guide directions to Greenman. **Caution:** busy highway crossing.
- Follow Farm Guide directions into town to Sister Sage.
- Follow Farm Guide directions to Plum Forest.
- Retrace route to highway, turn left and ride north to ferry to end tour **Caution:** steep downhill and curves near ferry dock.

Route 6: Marra Farm

Distance: variable, depending on starting point

Difficulty: easy to moderate; mostly flat on trails, traffic in vicinity of farm

- Ride to Marra Farm, in the South Park neighborhood of South Seattle, via the Duwamish Trail from the north (Harbor Island/West Seattle area) or via the Green River Trail from the south (Tukwila). Cyclists often park at the Port of Seattle's [Jack Block Park](#) when riding the Duwamish, or at the [Tukwila Community Center](#) when riding the Green River Trail.
- When cycling through South Park, turn west onto Cloverdale St. Ride under SR 99.
- Turn left (south) on 5th Ave. S.
- Marra Farm is two blocks ahead on the right.